



# Podcasting

## Learn by Trying Activity

This activity will guide you through some basic steps to try out podcasting. At the end of this activity, you should have a short Mp3 format podcast.

**Make sure you have the programs and equipment required to make a podcast.**  
(see *How To Create a Podcast Using Audacity* handout)

**For Help refer to:**

- *How To Create a Podcast Using Audacity* handout
- *Atomic Learning* videos at: [www.AtomicLearning.com/highed](http://www.AtomicLearning.com/highed)  
Username: rtc Password: atomic

## Follow these easy steps!

1. Open Audacity

2. Record a few sentences

3. Save your Audacity (.aup) file

4. Edit your podcast

a. **Delete a section** (i.e. remove any pauses at the beginning or end)

*Reminder!*

- pauses are represented by flatlines

b. **Move a section** from the end to the beginning

*Reminder!*

- select and drag **or** cut and paste

c. **Add a new section** of new audio

5. Convert to MP3 (a widely used format)

6. Edit the ID3 tags

7. Post to a location of your choice

8. Listen to your podcast! You are done!