



Using a Kinesthetic Group Activity for Vocabulary Memorization Instructions

FOCUS: To provide students with an engaging activity that helps them remember the way blood flows through the heart and the parts that make it happen. This activity accommodates each learning style (visual, auditory & kinesthetic).

Materials Needed: Vocabulary words (Different parts of the heart)

Procedure:

1. Divide your classroom in to 4 groups with students sitting in their group with enough room to stand up.
2. Introduce them to the idea of the way the heart beats and the parts of the heart involved.
3. Assign a part of the heart to each group in order of blood flow.
4. You will demonstrate the motions and say the first section of the heart by standing up and pushing your arms straight out in front of you with your palms towards the next part of the heart (first group) as you say the section of the heart in which the blood is flowing through.
5. The first group will then stand up, pushing their arms straight out in front of them with their palms up saying their section of the heart towards group 2.
6. This is repeated with group 3 and 4.
7. Steps are repeated several times.

See demonstration video to see how this is done.
It is very easy!